

Age Group Changes and Participation Update

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HOUSE RULES

- ✓ Session will be recorded
- ✓ Everyone stay on mute
- ✓ Please put questions in the chat or put your hand up
- ✓ Interactive – ask questions throughout
- ✓ Please follow up post webinar –
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THIS EVENING....

- ✓ An Update on Age Group change
- ✓ Technical information
- ✓ Indoor Season 2026
- ✓ Welsh Junior League Format 2026 onwards
- ✓ Welsh Championships
- ✓ Schools Athletics

- ❖ Not a discussion about whether Change should happen
- ❖ Not a discussion about desired changes to the technical specifications



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AGE GROUP CHANGE - THE STORY SO FAR...

- ✓ Backed by research, a change to reduce drop-out rate in the sport (part of wider activity to address retention)
- ✓ Avoid clash with key education/competition impact on key age groups (U17)
- ✓ Closer alignment with the rest of the World
- ✓ Extensive consultation and engagement with the sport
- ✓ Change approved by the Board of UKA
- ✓ Implementation April 2026
- ✓ Close alignment with England Athletics



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AGE GROUP CHANGE – THE STORY SO FAR...

- World Athletics Rule Book – ultimate guide to the sport
- UK Athletics Rule Book
 - Alignment where possible
 - Have become closer to World Athletics in recent years
 - Age Groups is an anomaly
 - Welsh Athletics signs up to the UKA Rule book in totality
 - Rules Advisory Group – Independent group, provides guidance to Board of UKA
- **NOT** looking to fully align with World Athletics Age Groups (Jan 1st)

KEY INFORMATION

- ▶ New rules will be effective: **1 April 2026**
- ▶ An athlete will compete in the same age group as they began the competition year, even if the competition finals go past the end date.
- ▶ All licensed competition providers must adopt the new age groups.
- ▶ The rules of competition will include U10 and upwards.
- ▶ U10-U18 cut off dates will be 31 August within the competition year (note – for international competition, the December cut off will apply, as is currently the case)
- ▶ U20 upper cut off date will be 31 December in the calendar year of competition (as is currently the case).
- ▶ Senior athletes are aged 20 or over on the 31 December in the calendar year of competition.

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AGE GROUPS, RECORDS & RANKINGS



- U12 and U10 athletes will have profiles on Power of 10 but will not appear in ranking lists.
- Historical ranking lists for the current age groups will be retained.
- All time lists for the current age groups will be retained up to 1 April 2026.
- From 1 April 2026 new ranking lists will be published for the new age groups.
- All time lists for the new age groups will be published from 1 April 2026.
- Competition providers and/or other bodies may include historical best performances in the new age group all time lists if they so wish. The competition provider, club or Association will have the ability to determine their own stance on record keeping based on their own individual needs.

New Age Groups Event Progressions

Age Group Change process

- UK Wide Task Group – UKA/HCAF + independents (open recruitment)
- Specific sub-groups established to review key aspects of change process
 - Event Specific
 - Hurdles
 - Throws
 - Combined Events
 - IT Challenges
 - Off-Track
 - Records
- Liaison with Rules advisory group
- Several Webinars throughout last 12 months
- Liaison with Competition Providers
- Tested & refined continuously – now finalized – approved technical spec by UKA Board

Overarching Principles

- **Flexibility:** There should be a level of flexibility in event distances for the younger age groups to allow them to run shorter distances if not fit enough or slightly longer, if appropriate to do so. Helping reach and engage the biggest audience.
- **Health & Safety and Appropriateness:** New events being introduced will be reviewed to ensure all necessary Risk Assessments have been applied and the event is introduced with the long-term development of the athlete in mind.
- **Offering something different:** Encouraging competition providers to offer alternative competitions, such as athletes selecting the best hurdle height and spacing for them, not by age; which athlete can improve the most; bio-banding type competitions.
- **Equipment:** We will work with equipment providers to ensure they have the correct stock ahead of new events.
- **Number of Events per day/ competition:** The rule book is under review and we will further clarify why limitations on the number events an athlete can participate in have been applied with certain age groups.

**Q – What are the new
distances/spacing/throwing weights etc
for the new Age groups?**

Appropriate Competition Offer - Speed

SPRINTS EVENTS											
AGE GROUPS	U10s		U12s		U14s		U16s		U18s		U20s
YEARS OLD	7-9 Yrs		9-11Yrs		11-13Yrs		13-15Yrs		15-17Yrs		17-19Yrs
50m			Optional								
60m (Indoors)	Optional										
75m	Optional				Optional						
100m			Optional								
150m											
200m											
300m (M)									Optional		Optional
300m (W)									Optional		Optional
400m (M)											
400m (W)											
Hurdles											
60m (Indoors) (M)				68.5cm		76.2cm		84.0cm		91.4cm	99.1cm
60m (Indoors) (W)				68.5cm		68.5cm		76.2cm		76.2cm	84.0cm
Sprint Hurdles (M)			75m	68.5cm	80m	76.2cm	100m	84.0cm	110m	91.4cm	110m 99.1cm
Sprint Hurdles (W)			70m	68.5cm	75m	68.5cm	80m	76.2cm	100m	76.2cm	100m 84.0cm
200m Hurdles - Potential new event long term			Hurdle heights:			M: 76.2cm F: 68cm					
300m Hurdles						Hurdle heights: M: 84.0cm F: 76.2cm					
400m Hurdles						Hurdle heights:		M: 84cm F: 76.2cm		M: 91.4cm F: 76.2cm	

Q - What about hurdle heights and spacings. Won't these be harder in the New Age Groups?

Whilst for some athletes the hurdle distance may go out earlier, the height will stay lower for longer, allowing them to run with greater speed and confidence.

Headline Points for Sprints Events

Sprints Events per Age Group

- **U10s:** 50m key event. Option to do 75m and 60m (Indoors)
- **U12s:** 60m (indoors), 75m and 150m key events. Option to do 50m or 100m.
- **U14s:** 60m (indoors), 100m, 150m, 200m key events. Option to do 75m.
- **U16s:** 60m (indoors), 100m, 200m, 300m key events.
- **U18 & U20s:** 60m (indoors), 100m, 200m, 400m key events. Option to do 300m.

Main Points

- Providing athletes and competition providers with the flexibility at the younger age groups to increase or decrease some distances for athlete's development.
- All proposed events have existing start and finish lines on a standard track.
- Indoors sprints events to include 60m, 200m, 300m, 400m aligned with outdoor age group distances.

Headline Points for Hurdles Events

Hurdle Events per Age Group

- **Indoors:** 60m Hurdles for both genders and U12s to Senior age groups (with appropriate hurdle heights and spacings).
- **U12s:** 70m H (F) & 75m H (M) outdoors
- **U14s:** 75m H (F) & 80m H (M), 200m Hurdles (M&F) **New event** outdoors
- **U16s:** 80m H (F) & 100m H (M), 300m Hurdles (M&F) Outdoors
- **U18 & U20s:** 100m H (F) & 110m H (M), 400m Hurdles (M&F) Outdoors

Main Points

- Hurdles will stay lower for one year longer, but in most cases will move out in distance. This is to allow athletes to maintain speed when running over the hurdles and build confidence in the event for long term progression.
- The introduction of 200m Hurdles for U14 is a new event
- There will be **NO** new track markings required for the new age groups
- A full outline of hurdle specifications are proposed the next few slides.

Hurdles Technical Details in Full

Age Group	Event	Hurdle Height	Number of Hurdles Per Race	Colour Marking on the Track	Distance to First Hurdle	Distance Between Hurdles	Distance from Last Hurdle to Finish Line	Weight for Hurdles
Senior (and U23s)	110H	106.7cm	10	Blue	13.72m	9.14m	14.02m	3.6kg
	400H	91.4cm	10	Green	45m	35m	40m	3.6kg
U20 Junior Men	110H	99.1cm	10	Blue	13.72m	9.14m	14.02m	3.6kg
	400H	91.4cm	10	Green	45m	35m	40m	3.6kg
U18 Youth	110H	91.4cm	10	Blue	13.72m	9.14m	14.02m	3.6kg
	400H	84.0cm	10	Green	45m	35m	40m	3.6kg
U16 Boys	100H	84.0cm	10	Yellow	13m	8.5m	10.5m	2.7kg
	300mH	76.2cm	7	Green	45m	35m	40m	2.7kg
U14 Boys	80H	76.2cm	8	Black	12m	8m	12m	2.7kg
	200mH	76.2cm	5	Green	20m	35m	40m	2.7kg
U12 Boys	75H	68.5cm	8	Orange	11.5m	7.5m	11m	2.7kg
Seniors / U23s / U20s	100H	84.0cm	10	Yellow	13m	8.5m	10.5m	3.6kg
	400H	76.2cm	10	Green	45m	35m	40m	3.6kg
U18 Youth	100H	76.2cm	10	Yellow	13m	8.5m	10.5m	3.6kg
	400H	76.2cm	10	Green	45m	35m	40m	3.6kg
U16 Girls	80H	76.2cm	8	Black	12m	8m	12m	2.7kg
	300H	76.2cm	7	Green	45m	35m	40m	2.7kg
U14 Girls	75H	68.5cm	8	Orange	11.5m	7.5m	11m	2.7kg
	200H	68.5cm	5	Green	20m	35m	40m	2.7kg
U12 Girls	70H	68.5cm	7	Pink	11m	7m	10m	2.7kg

Hurdles Technical Details in Full

Senior (and U23s) Junior Men U20 U18 Youth U16 U14 U12	60H	106.7cm	5	Blue	13.72m	9.14m	9.72m	3.6kg
	60H	99.1cm	5	Blue	13.72m	9.14m	9.72m	3.6kg
	60H	91.4cm	5	Blue	13.72m	9.14m	9.72m	3.6kg
	60H	84.0cm	5	Yellow	13m	8.5m	13	2.7kg
	60H	76.2cm	5	Black	12m	8m	16m	2.7kg
	60H	68.5cm	5	Orange	11.5m	7.5m	18.5m	2.7kg
Seniors / U23s / U20s U18 Youth U16 Girls U14 Girls U12 Girls	60H	84.0cm	5	Yellow	13m	8.5m	13m	3.6kg
	60H	76.2cm	5	Yellow	13m	8.5m	13m	3.6kg
	60H	76.2cm	5	Black	12m	8m	16m	2.7kg
	60H	68.5cm	5	Orange	11.5m	7.5m	18.5m	2.7kg
	60H	68.5cm	5	Pink	11m	7m	21m	2.7kg
U10s	60H	60cm	6	No Marking	10m	6.5m	17.5m	N/a

Appropriate Competition Offer – Speed (Relays)

SPRINTS EVENTS												
AGE GROUPS	U10s		U12s		U14s		U16s		U18s		U20s	
YEARS OLD	7-9 Yrs		9-11Yrs		11-13Yrs		13-15Yrs		15-17Yrs		17-19Yrs	
Fun Shuttle relays (30-50m)												
8 x 50m					Optional							
4 x 100m			Optional									
4 x 200m							Optional		Optional		Optional	
4 x 300m									Optional		Optional	
4 x 400m												
4 x 800m							Optional		Optional		Optional	
Medley (100, 200, 300, 400)									Optional		Optional	

Headline Points for Relays

- Relay distances should align with the age group individual event distance (i.e. 4 x 300m is for U16s upwards).
- A variety of distances can be offered, but they should reflect the long-term event development, age-appropriate distances, engage as many athletes as possible, and offer fun and teamwork.

Appropriate Competition Offer - Endurance

ENDURANCE EVENTS						
AGE GROUPS	U10s	U12s	U14s	U16s	U18s	U20s
YEARS OLD	7-9 Yrs	9-11Yrs	11-13Yrs	13-15Yrs	15-17Yrs	17-19Yrs
400m		Optional				
600m			Optional			
800m		Optional				
1200m		Optional				
1500m						
3000m			Optional			
5000m						
Race Walking						
2000m				Optional		
3000m					Optional	
5000m						
Steeple Chase						
1200m - Potential new event long term		Barrier heights:	76.2cm	Optional		
1500m			Barrier heights:	M: 83.8cm F: 76.2cm	Optional	
2000m				Barrier heights:	M: 83.8cm F: 76.2cm	Optional
3000m					Barrier heights:	M: 91.4cm F: 76.2cm

Headline Points for Endurance Events - Flats

Endurance Events per Age Group

- **U10s:** 400m Endurance. Option to do 600m Endurance.
- **U12s:** 600m Endurance. Option to do either 400m Endurance or 800m.
- **U14s:** 800m, 1200m or 1500m. Option to 600m or 3000m
- **U16s & U18s:** 800m, 1500m and 3000m
- **U20s:** 800m, 1500m, 3000m, 5000m and 10,000m

Main Points

- Providing athletes and competition providers with the flexibility at the younger age groups to increase or decrease some distances for athlete's development.
- All proposed events have existing start and finish lines on a standard track.
- For clarity, the 400m and 600m should be defined as specifically endurance events to save and conflict or confusion with the introduction of 400m sprints at a later age group.

Headline Points for Endurance Events – RW & SC

Race Walking per Age Group

- **U14s:** 2000m
- **U16s:** 3000m. Optional 2000m.
- **U18s & U20s:** 5000m. Optional 3000m.

Steeplechase per Age Group

- **U14s:** 1200m
- **U16s:** 1500m. Optional 1200m.
- **U18s:** 2000m. Optional 1500m
- **U20s:** 3000m. Optional 2000m.

Main Points

- Providing athletes and competition providers with the flexibility at the younger age groups to increase or decrease some distances for athlete's development.
- The introduction of 1200m Steeplechase for U14 is a proposed new event, to help with long term development.
- A full outline of Steeplechase specifications are proposed the next slide.

Off-track disciplines

The below table highlights MAXIMUM permitted distances for all athletes in differing disciplines. Further recommendations are listed for race distances for cross country, road and multi-terrain events.

Note: we are still awaiting sign off from the Mountain, Hill and Fell group; an update will be issued soon.

Age group	Age on day	All terrains: maximum distances	Cross Country: recommended distances	Road and Multi-terrain: recommended distances
Senior / Master (20+)	20+	Unlimited	Unlimited	Unlimited
U20 (18, 19)	19 18	45km Marathon	10km	Marathon
U18 (16, 17)	17 16	25km 16km	8km	16km
U16 (14, 15)	15 14	12km 8km	5km	8km
U14 (12, 13)	13 12	6km 6km	4km	6km
U12 (10, 11)	11 10	3km 3km	3km	3km

Appropriate Competition Offer – Jumps & CE

JUMPS AND COMBINED EVENTS						
AGE GROUPS	U10s	U12s	U14s	U16s	U18s	U20s
YEARS OLD	7-9 Yrs	9-11Yrs	11-13Yrs	13-15Yrs	15-17Yrs	17-19Yrs
<i>Standing Long Jump</i>						
Long Jump	Optional					
<i>Standing Triple Jump</i>		Optional				
5 Bound Combo	Optional	Optional				
Triple Jump						
<i>Vertical Jump</i>						
High Jump						
Pole Vault		Optional				
Combined Events						
Triathlon			Optional for Participation Pathway			
Quadrathlon (M/F)			Optional for Participation Pathway			
Pentathlon				Optional		
Pentathlon (Indoor) (F)						
Heptathlon (F)			Intro to Jav, Key events			
Heptathlon (Indoor) (M)			Intro to PV, DT, Key events			
Octathlon (M)			Intro to PV, DT, Key events			
Decathlon			Intro to PV, DT, Key events			

Headline Points for Jumps Events

Jumps Events per Age Group

- **U10s:** Standing Long Jump (SLJ) & Vertical Jump. Optional Long Jump.
- **U12s:** SLJ, Long Jump, Standing Triple Jump (STJ), High Jump. Optional Pole Vault for top year U12s.
- **U14s:** Long Jump, Triple Jump, High Jump and Pole Vault
- **U16, U18 & U20s:** Long Jump, Triple Jump, High Jump and Pole Vault

Main Points

- Recommended guidelines on using restricted run ups for Long Jump (U10s – U14s), and Triple Jump (U14s) to minimize impact on the developing body.
- Need for some level of guidance for all jumps events on the long term development of the event.

Headline Points for Combined Events

Combined Events per Age Group

- **U10s:** Triathlon or Quadrathlon. Events include 50m, 400m, SLJ and Howler Throw
- **U12s:** Triathlon or Quadrathlon. Events include 75m, 600m, SLJ/LJ and Howler Throw
- **U14s:** Pentathlon (M&F) Indoor and out
- **U16: Girls** - Pentathlon (Indoors) Heptathlon (Outdoors), **Boys** - Heptathlon (Indoors), Octathlon (Outdoors)
- **U18 & U20: Girls** - Pentathlon (Indoors) Heptathlon (Outdoors), **Boys** - Heptathlon (Indoors), Decathlon (Outdoors)

Main Points

- Early introduction of more technical events is recommended, either within the combined events or separately to help with later development.
- All event specifications should align with individual events at the same age groups.
- Triathlon and Quadrathlon competitions can be used at any age group as a fun, participation model.
- Combined Events group are currently reviewing what events should be in the Pentathlon and Octathlon and whether Hexathlon should be used through the age groups.

**What about Implement
Weights. Will they be heavy or
Lighter in the New Age
Groups?**

***In most cases implements will be
lighter for one year longer***

Appropriate Competition Offer - Throws

THROWS EVENTS						
AGE GROUPS	U10s	U12s	U14s	U16s	U18s	U20s
YEARS OLD	7-9 Yrs	9-11Yrs	11-13Yrs	13-15Yrs	15-17Yrs	17-19Yrs
Push Throw						
Shot Put (M)		2-2.72kg	3.00kg	4.00kg	5.00kg	6.00kg
Shot Put (F)		2-2.72kg	2.72kg	3.00kg	3.00kg	4.00kg
Discus (M)		0.75kg	1.00kg	1.25kg	1.50kg	1.75kg
Discus (F)		0.75kg	0.75kg	1.00kg	1.00kg	1.00kg
Hammer (M)		2.00kg	3.00kg	4.00kg	5.00kg	6.00kg
Hammer (F)		2.00kg	2.00kg	3.00kg	3.00kg	4.00kg
Howler						
Javelin (M)		400grams	500grams	600grams	700grams	800grams
Javelin (F)		400grams	400grams	500grams	500grams	600grams

Headline Points for Throwing Events

MALE ATHLETES IMPEMENT WEIGHTS

Age	SHOT - Club	DISCUS - Club	HAMMER - Club	JAVLEIN - Club
Senior	7.26 kg	2.00 kg	7.26 kg	800gram
U20	6.00 kg	1.75 kg	6.00 kg	800gram
U18	5.00 kg	1.5 kg	5.00 kg	700gram
U16	4.00 kg	1.25 kg	4.00 kg	600gram
U14	3.00 kg	1.00 kg	3.00 kg	500gram
U12	2- 2.72 kg	0.75 kg	2.00 kg	400gram

FEMALE ATHLETES IMPEMENT WEIGHTS

Age	SHOT - Club	DISCUS - Club	HAMMER - Club	JAVLEIN - Club
Senior	4.00 kg	1.00 kg	4.00 kg	600gram
U20	4.00 kg	1.00 kg	4.00 kg	600gram
U18	3.00 kg	1.00 kg	3.00 kg	500gram
U16	3.00 kg	1.00 kg	3.00 kg	500gram
U14	2.72 kg	0.75 kg	2.00 kg	400gram
U12	2- 2.72 kg	0.75 kg	2.00 kg	400gram

Throws implements

- The new Age Group throwing implement weights will mean that athletes for most events and age groups, will throw lighter for one year longer.
- This is not the case in the female U16 Shot, Hammer and Javelin and for most female Discus age groups, as the progression are slightly less pronounced than in the men's events.
- All throwing implement weights conform with the current equipment used in competitions and in general circulation, except for the U14 Female Hammer. It is recommended for long term development that the U14 female athletes use a 2kg Hammer (currently available in training Hammer format with most equipment providers in the UK).
- **Option to introduce U12s Hammer (if appropriate), using the 2.00 kg Hammer.**

Shot & Discus Details in Full

Event	Age Group	Implement Weight	Min Diameter	Max Diameter										
SHOT PUT	Senior (and U23s)	7.26kg	110mm	130mm										
	U20 Junior Men	6.00kg	105mm	125mm										
	U18 Youth	5.00kg	100mm	120mm										
	U16 Boys	4.00kg	95mm	110mm										
	U14 Boy	3.00kg	85mm	110mm										
	U12 Boys	2-2.72kg	80mm	110mm										
	Seniors / U23s / U20s	4.00kg	95mm	110mm										
	U18 Youth	3.00kg	85mm	110mm										
	U16 Girls	3.00kg	85mm	110mm										
	U14 Girls	2.72kg	85mm	110mm										
	U12 Girls	2.72kg	85mm	110mm										
	U12 Girls	2kg	80mm	110mm										
Event	Age Group	Implement Weight	Outer diameter of metal rim		Diameter of metal plates		Thickness of centre		Thickness of Rim at 6mm from edge					
			Min		Max		Min		Max		Min		Max	
DISCUS	Senior (and U23s)	2.00kg	219mm	221mm	50mm	57mm	41mm	43mm	12mm	13mm				
	U20 Junior Men	1.75kg	210mm	212mm	50mm	57mm	41mm	43mm	12mm	13mm				
	U18 Youth	1.50kg	200mm	202mm	50mm	57mm	38mm	40mm	12mm	13mm				
	U16 Boys	1.25kg	180mm	182mm	50mm	57mm	37mm	39mm	12mm	13mm				
	U14 Boy	1.00kg	180mm	182mm	50mm	57mm	37mm	39mm	12mm	13mm				
	U12 Boys	0.75kg	145mm	170mm	50mm	57mm	25mm	35mm	10mm	11mm				
	Seniors / U23s / U20s	1.00kg	180mm	182mm	50mm	57mm	37mm	39mm	12mm	13mm				
	U18 Youth	1.00kg	180mm	182mm	50mm	57mm	37mm	39mm	12mm	13mm				
	U16 Girls	1.00kg	180mm	182mm	50mm	57mm	37mm	39mm	12mm	13mm				
	U14 Girls	0.75kg	145mm	170mm	50mm	57mm	25mm	35mm	10mm	11mm				
	U12 Girls	0.75kg	145mm	170mm	50mm	57mm	25mm	35mm	10mm	11mm				

Hammer & Javelin Details in Full

Event	Age Group	Implement Weight	Hammer Cable Length	Min Diameter	Max Diameter	Event	Age Group	Implement Weight	Length of Javelin	Length of metal head	Distance from tip of metal head to CoG	Diameter of thickest point	Whipcord Width					
						Measurements in milimetres (mm)				Min	Max	Min	Max	Min	Max	Min	Max	
HAMMER	Senior (and U23s)	7.26kg	121.5cm	110mm	130mm	JAVELIN	Senior (and U23s)	800grams	2600	2700	250	330	900	1060	25	30	150	160
	U20 Junior Men	6kg	121.5cm	105mm	125mm		U20 Junior Men	800grams	2600	2700	250	330	900	1060	25	30	150	160
	U18 Youth	5kg	120cm	100mm	120mm		U18 Youth	700grams	2300	2400	250	330	860	1000	23	28	150	160
	U16 Boys	4kg	119.5cm	95mm	110mm		U16 Boys	600grams	2200	2300	250	330	800	920	20	25	140	150
	U14 Boy	3kg	119.5cm	85mm	100mm		U14 Boy	500grams	2000	2100	220	270	780	880	20	24	135	145
	U12 Boy	2kg	119.5cm	80mm	90mm		U12 Boys	400grams	1700	1950	200	300	700	850	19	24	130	140
	Seniors / U23s / U20s	4kg	119.5cm	95mm	110mm		Seniors / U23s / U20s	600grams	2200	2300	250	330	800	920	20	25	140	150
	U18 Youth	3kg	119.5cm	85mm	100mm		U18 Youth	500grams	2000	2100	220	270	780	880	20	24	135	145
	U16 Girls	3kg	119.5cm	85mm	100mm		U16 Girls	500grams	2000	2100	220	270	780	880	20	24	135	145
	U14 Girls	2kg	119.5cm	80mm	90mm		U14 Girls	400grams	1700	1950	200	300	700	850	19	24	130	140
	U12 Girls	2kg	119.5cm	80mm	90mm		U12 Girls	400grams	1700	1950	200	300	700	850	19	24	130	140

Javelin Specification will be updated to the new configurations ahead of April 2026

U12s Hammer has been proposed as a suggested optional event, if appropriate

SPECIFIC WELSH UPDATE

Indoor Season 2026

- A need to align with England (cross border events, British Age group Championships)
- A decision to retain current age groups (U13/U15/U17/U20) for 2026 Indoor season
- Welsh Athletics would support some pilot events in technical events during Indoor season – contact Welsh Athletics to discuss further



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SPECIFIC WELSH UPDATE

Welsh Championships

- Will run in similar formats from U14 through to U20 (+ Snr)

Welsh Junior Leagues

- Aim to minimise change for the Junior Leagues
 - U12, U14 & U16
 - Enhanced event specific programme for U18/U20/Snr
- New informal competition offering to be rolled out for U10/U12

SPECIFIC WELSH UPDATE

Schools Athletics

- All licensed events in Wales must adhere to the new rules
- A desire to avoid issues with differing technical specification between club and Schools Athletics
- As it stands – WSAA likely to adopt new age groups
- Cup/Plate already use even age groups
- However..... English Schools yet to commit to new age groups
- Uncertainty on how this will impact SIAB
- Discussions ongoing....



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ATHLETAU CYMRU

THANK YOU, ANY QUESTIONS ?