

East Wales Regional Athletics Council AGM
Wednesday 4 June at Newport Stadium
AGM 6:00pm start - followed by EWRAC meeting

Present:

Joyce Tomala, Christine Vorrés, Lynette Harries, Nicola Brunnock, Peter Hitchings, Martyn Jenkins, Deborah Howells, Barry Tolman, Keith Matthews, Julian Guy.

Apologies: Sandra Chipper, Lorraine Clark. Paul Adams, Kieron Hearne, Becky Bell, Phil Cummings, David Brown, Shane Matthews, Tom Meredith, James Blore.

Agenda Item	Discussion	Action Points
1. Acceptance of Minutes of 2024 AGM	The minutes of the 2024 AGM were passed as true and accurate.	
2. Reports a. Chair's report b. Finance Report	a. Chairs Report – Was circulated earlier and is attached. b. Keith distributed copies of income/outcome for the year. He explained charges for hiring the Gun to outside regions and the difficulties he is experiencing gaining access to an old Santander account. The members discussed the high costs of hiring venues for events. Lynette suggested that WA should take a lead and state a standard for all venues. JT Confirmed that the YDL covers its own costs and is not funded by the region.	
3. Notices of Motions	Date of AGM – it was proposed that the date of the AGM be moved to September to avoid clashes with events. Martyn Jenkins proposed to accept and Keith Matthews seconded the proposal. It was unanimously passed. The next AGM will be September 2026.	Notify WA
4. Election of Officers	a. Chair- Joyce Tomala b. Vice Chair – Julian Guy c. Treasurer – Keith Mathews d. Secretary – Christine Vorrés e. WA member – Christine Vorres f. Welfare Officer – Keiron Hearne g. Social Media Officer – Christine Vorrés	
5. Election of Committee Representatives	h. WA General Council – Joyce Tomala and Lynette Harries i. WA Track & Field – Joyce Tomala Peter Hitchings j. WA Cross country/Road - Vacant A Trail/Fell – Tom Meredith and Bethan Logan l. WA Officials track and field - Becky Gibbs m. WA Officials Endurance – Christine Vorrés	CV – email clubs re vacant position

	n. Sportshall. Unknown o. Masters Forum – Nikki Morgan.	JT – Ask at GC who is Sportshall Rep.
The AGM concluded at 6.30pm Joyce thanked everyone for attending. Minutes written by Christine Vorrés 08/06/2025		

Chair’s report 2025 AGM

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Joyce Tomala, Chair EWRAC

This year has once again seen our officers and a number of key volunteers supporting the East region, thanks to everyone who gives their time to continue to develop the region.

Christine, as always has done a magnificent job maintaining the website, which is easy to navigate and, in her role, as Secretary continues to provide up to date information relating to all disciplines, as well as producing comprehensive minutes and regularly communicates with our clubs.

Keith produces easy to access reports; including bi-monthly and detailed end of year accounts; ensuring the region is in a healthy financial position, as part of his crucial role as Regional Finance Officer.

Kieron is our Regional Welfare and Safeguarding Officer. He provides reports regularly, doing a superb job as our regional welfare officer.

Lynette, one of the East representatives on Welsh Athletics General Council produces comprehensive reports relating to items discussed.

Paul Adams has attended some Cross Country and Road meetings, highlighting key issues for the region.

Paul has decided to step down from his regional roles, we wish him all the very best and thank him for his hard work and support of the region over the years.

Tom continues to work tirelessly to ensure that members of the region are kept fully up to date with Mountain, Fell and Trail running across the region, regularly providing reports and updates to members of the Region.

I would particularly like to thank Darryn McAtee who will assist me as team manager at this year’s Inter-Regional Track & Field Championships to be held in Carmarthen on 6th July. Darryn has also been a great help and supporter for the YDL and Regional track and field events as well as Cross Country. I know how many hours of work our regional team managers; all of whom are volunteers; put in to ensure that they engage with athletes to ensure we have quality teams across all disciplines.

The officials in our region work tirelessly throughout the year. I would like to express my gratitude to all of them who have supported our Endurance/off track regional events across all disciplines this year,

Christine Vorrés, Tom Meredith, Darryn McAtee, James Blore, Sandra Chipper and Paul Adams, as well as track and field; both indoor and outdoor; Chris Boswell, Mark Boswell, Bev Hurley, Chris Price, Amy Price, Becky Bell, Kieron Hearne, Colin Bradley, Deb Howells, David Gilbert, Rhian Loudon and Jane Goode.

We are also grateful to other officials who alongside those listed above have supported us this year at our Track and Field Championships and YDL matches, David Paris, Charles Northey, Becky Bell, Richie Jenkins, Sue Hooper, Rob Hooper, Steve Leach, Keith Matthews, Nathan Jones and others, without your support we would not be able to provide licenced competitions for our athletes.

My thanks also go to regional representatives who sit on Welsh Athletics committees. They continue to embrace virtual meetings and ensure we’re kept up to date with activities, competition, and information from Welsh Athletics.

My thanks go to all athletes who attended the Youth Development League (YDL) Upper Age Group matches, representing East Wales many of whom have gained Pbs during the season and either lead or are featured in Power of 10 rankings.

Many East Wales athletes have attended regional events and represented the region in inter-regional events this year; including, Cross Country, Mountain and Fell, Road, Track and Field and Trail. Their continued support and that of their coaches and other volunteers is vital to the future development of our region.

East Wales continues to be highly regarded in terms of our commitment to engaging with our clubs, trying new initiatives, and developing the region. We are always looking for new people to join us at our committee meetings in all disciplines, as well as volunteers to help with team management. We support officials’ courses both Track & Field and Endurance. If you’re interested in volunteering or becoming an official, please let us know.